

Discover Redwoods

Lesson #2 Explore

<p>Step 1: Mindfulness</p>	<p>Click here to watch Deborah doing a 4.00 minute Redwood Tree Yoga Video.</p>
<p>Step 2: Watch Video</p>	<ul style="list-style-type: none">Click here to watch the Redwood Scavenger Hunt Video <p>Go to #3 in your Journal: Redwood Scavenger Hunt Fill out the chart in your journal to share what you learned about different objects in the redwood forest.</p>
<p>Step 3: Tree Cookie Activity</p>	<p>Print, or look at online, the three different tree cookie pictures. (Or look at real tree cookies if you have them.)</p> <p>Go to #4 in your Journal: Tree Cookies Fill in the chart to write down what you notice, what you wonder about, and what the tree cookies remind you of.</p>
<p>Step 4: Watch Video</p>	<ul style="list-style-type: none">Click here to watch the Build a Tree Video. <p>Go to #5 in your Journal: Build a Tree Label the tree parts diagram and write down one thing that part of the tree does.</p>