

## Explore Your Watershed

### Lesson #2 Explore

<p><b>Step 1:</b></p> <p><b>Mindfulness</b></p>	<p>Click here to watch Claudia doing a 2.30 minute video on <a href="#">Water Cycle Yoga</a>.</p>
<p><b>Step 2:</b></p> <p><b>Crumpled Watershed Activity</b></p>	<ul style="list-style-type: none"><li>• Click here to watch the <a href="#">Crumpled Watershed Video</a></li><li>• If possible, collect markers, paper and a spray bottle to follow along with the activity at home.</li></ul> <p><b>Go to #3 in your Journal: Crumpled Watershed</b> Fill out the chart in your journal to share what you noticed happening to the water when you made it rain on your paper watershed.</p>
<p><b>Step 3:</b></p> <p><b>Watch Video</b></p>	<p>Click here to watch the <a href="#">“Explore Your Watershed ” Video</a>.</p> <p><b>Go to #4 in your Journal: Explore Your Watershed</b> Write down answers to the questions.</p>
<p><b>Step 4:</b></p> <p><b>Watershed Scavenger Hunt</b></p>	<p>Using the <a href="#">Watershed Scavenger Hunt Worksheet</a>, walk around your neighborhood, with a trusted adult or family member. As you walk, search for examples of the six different pictures on your worksheet.</p>