### Explore Your Watershed
Lesson #2 Explore

<table>
<thead>
<tr>
<th>Step 1: Mindfulness</th>
<th>Click here to watch Claudia doing a 2.30 minute video on Water Cycle Yoga.</th>
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| Step 2: Crumpled Watershed Activity | • Click here to watch the Crumpled Watershed Video  
• If possible, collect markers, paper and a spray bottle to follow along with the activity at home.  

**Go to #3 in your Journal: Crumpled Watershed**  
Fill out the chart in your journal to share what you noticed happening to the water when you made it rain on your paper watershed. |
| Step 3: Watch Video | Click here to watch the “Explore Your Watershed ” Video.  

**Go to #4 in your Journal: Explore Your Watershed**  
Write down answers to the questions. |
| Step 4: Watershed Scavenger Hunt | Using the Watershed Scavenger Hunt Worksheet. walk around your neighborhood, with a trusted adult or family member. As you walk, search for examples of the six different pictures on your worksheet. |