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Save the Redwoods League Debuts Season Two of its “I’ll Go If You Go” Podcast

Podcast highlights diverse voices and adventures among the redwoods such as mushroom foraging, birdwatching and traditional Yurok canoeing

San Francisco, Calif. (Jan. 27, 2022) — [Save the Redwoods League](#) today launches the second season of its groundbreaking podcast, [“I’ll Go If You Go,”](#) taking listeners on an audio adventure tour through California’s iconic coast redwood and giant sequoia forests.

Created to highlight diverse voices and build community in the outdoors, the podcast introduces a new host in its second season: [Emily Harwitz](#), a multimedia science writer and photographer who tells stories that foster community, provoke curiosity and inspire a deeper connection with the world around us.



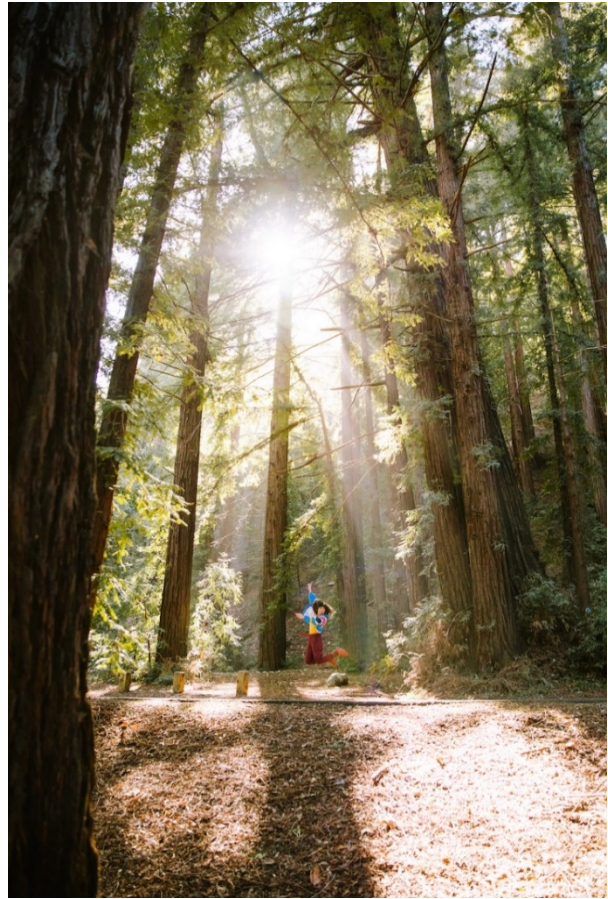
Season two includes six episodes that will be released on the fourth Thursday of each month from now through June 2022.

Harwitz will forage for mushrooms with farmer Arthur Lee of [Mazu Mushrooms](#), go forest bathing with certified guide [Juan Lazo Bautista](#), go birding with nature artist [Clay Anderson](#), take a [canoe tour](#) with a Yurok guide, and skateboard with skate industry veteran Kim Woozy and friends of [Skate Like a Girl](#). All episodes can be streamed on the League’s website and all major podcast streaming platforms, including [Spotify](#), [Apple Podcasts](#), [Anchor](#), [Google Podcasts](#) and [Pocket Casts](#).

“There are just as many ways to connect with nature as there are people,” said Harwitz. “This season is really all about getting outside in the redwoods and experiencing new things—while learning about different perspectives and having fun.”

Save the Redwoods League launched “I’ll Go If You Go” in 2021 as part of a larger effort to uncover stories of people from communities of color, which have been historically excluded from the wonders of the coast redwood and giant sequoia forests. Through conversations with emerging outdoor leaders, the League illuminates how Californians of all backgrounds think about and experience nature and conservation—in the redwoods and beyond.

“While ‘I’ll Go If You Go’ is made for all of our community members to find joy and inspiration, we wanted to create something that showcases members of underrepresented communities engaging with these incredible natural places that have been protected by and for all of us,” said **Leslie Parra**, the League’s outreach program manager and creator of the podcast. “It all circles back to the name of the podcast—if people see themselves in others who are spending time doing fun things in the redwoods, they’ll be more likely to feel welcome giving it a try.”



Podcast host Emily Harwitz leaps with joy in the redwoods. Photo by Daniel Gorostieta, courtesy of Save the Redwoods League.



Emily Harwitz, host of season two of the League’s “I’ll Go If You Go” podcast. Photo by Davita Pytowski, courtesy of Emily Harwitz.

Parra, who hosted the podcast’s [first season](#), now passes the microphone to Harwitz, a multiracial Asian American based in the San Francisco Bay Area. Harwitz’s work has been published in “Hakai Magazine,” “The San Jose Mercury News,” “Bay Nature” and elsewhere. In addition to chemistry and ecology, Harwitz is interested in Indigenizing science, plant communication and wildlife, as well as playing her flute and enjoying tea.

To schedule an interview, contact Robin Carr at (415) 971-3991 or redwoods@landispr.com.



Save the Redwoods League

One of the nation's longest-running conservation organizations, Save the Redwoods League has been protecting and restoring redwood forests since 1918. The League has connected generations of visitors with the beauty and serenity of the redwood forest. The nonprofit's 29,000 members have enabled the organization to protect more than 216,000 acres of irreplaceable forest in 66 state, national and local parks and reserves. For information, please visit SaveTheRedwoods.org.

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