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Celebrate the Second Annual California State Parks Week June 14-18, 2023

*Parks across the state will offer special community events with
in-person and virtual programming*

SACRAMENTO, Calif. (April 3, 2023) — The public is invited to celebrate the second annual California State Parks Week, June 14-18, presented by [California State Parks](#), [Save the Redwoods League](#), [Parks California](#) and [California State Parks Foundation](#).

Through special community events and in-person and virtual programming, this week-long event celebrates California’s 280 state parks and the people who visit and help protect these iconic places. A complete list of the week’s events and how to participate are available at CAStateParksWeek.org.



Montgomery Woods State Natural Reserve. Photo by Max Forster (@maxforsterphotography), courtesy of Save the Redwoods

“We are excited to host the second annual California State Parks Week and build upon last year’s inaugural successes,” said **Armando Quintero**, director of California State Parks. “California State Parks Week serves as a reminder that state parks belong to all who call California home. Everyone deserves to enjoy them, to stay healthy and active, find inspiration and connect with nature and areas of cultural significance.”

Launched in 2022, California State Parks Week offers a full week of specially themed days with in-person and virtual activities and events in parks across the state. In its inaugural year, California State Parks week welcomed visitors to all 280 parks to participate in more than 143 events statewide.

California State Parks Week advances the *Outdoor Access For All* initiative championed by Gov. Gavin Newsom and First Partner Jennifer Siebel Newsom, as well as the *California Outdoors For All initiative*. These efforts expand outdoor access to all Californians through focused investments in open space infrastructure, outdoor programming and improvements to permit applications, with a priority to expand access in underserved communities.

Why California State Parks Week?

California’s 280 state park units preserve and protect the state’s natural and cultural history. In recent years, it has become abundantly clear that public lands play a critical role in making communities stronger, happier and healthier. Our shared parks are places where everyone can connect with nature and find inspiration and joy. California State Parks Week is a fun way to celebrate the wonder and sense of community that the outdoors provide to Californians and visitors from all over the world.

“We are excited to celebrate California State Parks Week and once again encourage access to so many joyful experiences and benefits of nature,” said **Sam Hodder**, president and CEO of Save the Redwoods League. “Research has confirmed the many health benefits of getting outside, being in nature and experiencing awe. California’s state parks are the access point to these experiences for everyone, whether they’re standing at the foot of a majestic redwood, hiking to a ridgetop vista or getting immersed in history at a cultural heritage site.”



Garrapata State Park. Photo by Daniel Gorostieta, courtesy of Save the Redwoods League.

California State Parks protect the best of the state's natural and cultural history; more than 340 miles of coastline; the tallest, largest and among the oldest trees in the world; and deserts, lakes, rivers and beaches. Across 280 parks statewide, there are more than 5,200 miles of trails, and 15,000 campsites, prehistoric and historic archeological sites, ghost towns, historic homes and monuments – all waiting to be explored.

“California State Parks Week highlights the many benefits parks have to offer to the community,” said **Kindley Walsh Lawlor**, president and CEO of Parks California. “From opportunities to learn about history and biodiversity to exploring these scenic spaces with family, we are excited to celebrate with communities across California.”

“For the second annual California State Parks Week, we are celebrating wellness, stewardship, community and adventure,” said **Rachel Norton**, executive director of California State Parks Foundation. “These are all gifts that our incredible state parks system gives Californians to enjoy each and every day of the year.”

California State Parks Week 2023 Themed Days

Wednesday, June 14: [Explore New Experiences](#)

With 280 state parks that offer everything from the magic of ancient redwood forests to epic beach days, we encourage everyone to visit a state park and try something new. Curious about camping, or adventures like surfing, boating or off-roading? Ever hiked to the top of a ridge or learned about ecology on an interpretive hike? California State Parks Week is your invitation to explore a new activity – or a new park – you might fall in love with. [View all events.](#)

Featured:

- [Smith River Watershed Wednesday Flotilla!](#) (Redwood Forest Region/North Coast)
- [Forest Bathing at Mt. Tamalpais State Park](#) (Redwood Forest Region/Bay Area)
- [Gold Rush Cooking at Columbia State Historic Park or virtually via Facebook Live](#) (Sierra Nevada foothills)
- [Tidepool Exploration at Crystal Cove State Park](#) (South Coast/Laguna Beach)

Thursday, June 15: [Nourish Your Health and Well-being](#)

Studies have shown that time in nature can boost our physical, mental and emotional well-being. California's state parks give all of us places where we can find refuge, inspiration, challenges and joy. [View all events.](#)

Featured:

- [Guided Forest Meditation Walk at Jedediah Smith Redwoods State Park](#) (Redwood Forest/North Coast)

- [*Kayak Safety Tour at San Luis Reservoir State Recreation Area*](#) (Central Coast)
- [*Sunset Yoga at Historic Adamson House*](#) (South Coast/Malibu Lagoon State Beach)

Friday, June 16: [Support Climate Resilience](#)

California's forests, oceans, grasslands and other ecosystems are not just beautiful — they store huge amounts of carbon, making them some of the most powerful tools in adapting to climate change. We invite you to explore a park near you and learn about how to support California State Parks and its partners' efforts to expand protected areas and restore forests and wetlands to build resilience in the landscapes that help protect us all. [View all events.](#)

Featured:

- [*Water Quality Sampling at Huntington State Beach*](#) (South Coast/Orange County)
- [*Fall Creek After Fire Guided Tour at Henry Cowell Redwoods State Park*](#) (Redwood Forest Region/Santa Cruz)
- [*Let's Talk Pollinators! Walk and Discussion at Pismo State Beach*](#) (Central Coast)

Saturday, June 17: [Celebrate Community and Culture](#)

California's state parks are for everyone. We reaffirm this truth by elevating the perspectives and experiences of communities that have historically been underrepresented in public lands. Join us for celebrations and cultural events that honor Black, Indigenous and communities of color at parks statewide. [View all events.](#)

Featured:

- [*Cultural Hike and Traditional Salmon Feed with the Tolowa Dee-Ni' Nation at Tolowa Dunes State Park*](#) (North Coast)
- [*Juneteenth at Black Miners Bar at Folsom Lake State Recreational Area*](#) (Woodland/Plains/Sacramento)
- [*Chinese Railroad Double Happiness Art Project at Donner Memorial State Park*](#) (Sierra Nevada/Tahoe)

Sunday, June 18: [Care for Our Shared Lands](#)

It takes our full community to care for public lands. Partners and volunteers are vital to keeping California's state park system healthy, beautiful and rich in biodiversity. Discover how you can get involved in efforts to protect and steward California's state parks — as a professional staff member, volunteer, partner or one of many other opportunities. [View all events.](#)

Featured:

- [*Be the Change, Sea the Change! Beach Clean-up at Cardiff State Beach*](#) (South Coast/San Diego)
- [*Rooting out Invasive Plants Volunteer Workday at Trinidad State Beach*](#) (North Coast)
- [*Arts in the Parks: Kids Theater Workshop at California Citrus State Historic Park*](#) (Desert/Inland Empire)

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For more information or to schedule an interview, contact Robin Carr at 415-766-0927 or redwoods@landispr.com.

To access hi-res images and b-roll video, please visit the [California State Parks Week newsroom](#).

California State Parks Week Presenting Partners:

	<p>The California Department of Parks and Recreation, popularly known as California State Parks, and the programs supported by its Office of Historic Preservation and divisions of Boating and Waterways and Off-Highway Motor Vehicle Recreation provide for the health, inspiration and education of the people of California by helping to preserve the state's extraordinary biological diversity, protecting its most valued natural and cultural resources, and creating opportunities for high-quality outdoor recreation. Learn more at <u>www.parks.ca.gov</u>.</p>
	<p>Save the Redwoods League is one of the nation's longest-running conservation organizations, and it has been protecting and restoring redwood forests since 1918. The League has connected generations of visitors with the beauty and serenity of the redwood forests. Our 240,000 supporters have enabled the League to protect more than 220,000 acres of irreplaceable forests in 66 state, national and local parks and reserves. For information, please visit <u>SaveTheRedwoods.org</u>.</p>



Parks California is a statewide nonprofit working to ensure state, regional, and local parks thrive. As the statutory partner to California State Parks, Parks California has a simple mission – to help strengthen parks and inspire all to experience these extraordinary places. From redwood groves and desert springs to urban parks and lighthouses, the organization works with partners to steward these natural wonders and make California’s parks more welcoming, accessible and relevant to all visitors. For more information, please visit parksocalifornia.org.



California State Parks Foundation is an independent, member-supported nonprofit that mobilizes a diverse network of Californians to be active champions for our state parks. At California State Parks Foundation, we believe that all Californians are essential to sustaining our state parks. Every day, we inform and inspire current and future generations of park champions, enabling them to be the passionate advocates our state parks need. Because when we build a movement of park supporters, we ensure the long-term sustainability of our incredible state park treasures. Learn more at www.calparks.org.

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